

# Local Wellness Policy: Triennial Assessment Summary

## Section 1: General Information

School(s) included in the assessment:

Northwestern Minnesota Juvenile Center

Month and year of current assessment: April 2024

Date of last Local Wellness Policy revision: 2/26/2024

Website address for the wellness policy and/or information on how the public can access a copy:

www.nmjconline.org

## Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 1

Designated School Wellness Leader

Name	Job Title	Email Address
Mindy O'Brien	Superintendent	mobrien@nmjconline.org

School Wellness Committee Members

Name	Job Title	Email Address
Theresa A. Peterson	Administrative Assistant	tpeterson@nmjconline.org
Erica Fauchald	Kitchen Supervisor	kitchensuper@nmjconline.org

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify): \_\_\_\_\_

Describe how your wellness policy compares to model wellness policies.

Our Wellness Policy compares quite closely to model wellness policies. We include specific goals, standards and nutrition guidelines and standards for all foods and beverages provided.

### Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
III. Wellness Goals A. 1 & 2	x			

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
III. Wellness Goals B. 1 - 2	x			

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
III. Wellness Goals B. 3	x			

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
IV Standards & Nutrition C. Competitive Foods Guidelines A 1-11 C 1-3	x			

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
IV Standards & Nutrition D. 1-2	x			

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
IV Standards & Nutrition E 1 -2	X			

Include any additional notes, if necessary: